



# Russian Headache Research Society (RHRS)

## Moscow University Headache Clinic

IHS Visiting Professor  
Russian Headache Society's annual meeting  
"HEADACHE AND COMORBIDITY"  
17-19 March 2017, Moscow, Russia

Russian Headache Research Society (RHRS) is trying to continuously improve the level of headache diagnosis and treatment in the Russian Federation. It is our pleasure to share with the International headache community latest and quite important national event.

On 17-19 March 2017 on the initiative of the University Headache Clinic in Moscow and the RHRS the 3rd Conference on Headache Comorbidity was held.

This year for the 1st time the traditional Headache Comorbidity Conference was supported in collaboration with the International Headache Society's (IHS) Visiting Professor Programme.

The brilliant headache specialists visited Russia within the named programme: Professor Messoud Ashina and Professor Zaza Katsarava.

The Conference took place in the heart of the modern Moscow - Moscow City, Novotel Congress Center. The meeting accepted more than 500 neurologists and GPs from different Russian regions and from Belarus, Kazakhstan and Uzbekistan.

After welcome messages of the president of RHRS Professor Guzel Tabeeva and the following topics were covered by IHS Visiting Professors:

Professor Zaza Katsarava

- Chronic migraine and MOH. Practical approaches to the management.
- Trigeminal neuralgia.
- Workshop. Symptomatic headache. Clinical Case.

Professor Messoud Ashina

- Pearls and pitfalls in human models of migraine: 30 years' experience.
- Migraine Treatment. New Horizons.
- Workshop. Rare headache syndromes. Clinical Cases

Brilliant lectures covered new diagnostic and treatment approaches for trigeminal neuralgia, migraine and medication overuse headache. The all sessions were very interactive with lots of questions and discussions. One of the most interesting sessions was workshop with discussion of diagnostic and management difficulties and interesting clinical cases from University Headache Clinic.

Furthermore All the participants of the Meeting had opportunity to get Associate Membership of the IHS which was being offered free of charge for Russian neurologists.

The programme of this 3-day Conference covered Headache Trainee's Tournament, practical day in the University Headache Clinic and many another interesting items such as

- Genetics of Migraine
- Neuroimmunology of headache
- Migraine, Depression, and Anxiety
- Headache and Emotions
- Recognizing Risk of Psychiatric Comorbidity in Headache
- Cognitive Dysfunction, Depression and Migraine
- Idiopathic intracranial hypertension and hypotension
- Pediatric migraine variants
- Neurostimulation for Treatment of Migraine and Cluster Headache
- Rare headache syndromes

The participant's feedback was highly positive. RHRS will keep on hold the Meeting regularly. Orgcommittee and all participants thank the Education Committee of the International Headache Society for their support. The Visiting Professor Program is a great International collaboration initiative of the IHS that helps better understanding headache

Sincerely Yours.

Julia Azimova

Vera Osipova

Alexey Sergeev

Kirill Skorobogatykh

Guzel Tabeeva

Moscow University Headache Clinic

Russian Headache Research Society

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