



SHORT-STAY SCHOLARSHIP REPORT FORM - 2016

Please complete this form giving details of your IHS Scholarship.

Personal details

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Scholarship

Dates of scholarship	4 September 2016- 23 October 2016
Institution name	Academic Headache Research, Wolfson CARD, King's College London & Pain and Neuromodulation Centre, Guy's and St Thomas' Hospital, London, UK
Mentor name	Dr. Anna Andreou

Comments

Short summary of overall experience, including attendance at EHMTIC
<p>It was a wonderful experience for me to be with Dr. Anna Andreou's research group at the King's College for seven weeks. I had the opportunity to do some small project in basic research and also see Dr. Anna work with headache patients. The scholarship consists of the registration to the 5th EHMTIC conference held in Glasgow from 15-18 September 2016. During my last week in London, I had the good opportunity of joining iHead academy conference.</p> <p><i>Attendance at the 5th EHMTIC 2016 in Glasgow.</i></p> <p>I had a great time attending the international conference in Glasgow. I had chance to present my work in poster topic "Influence of craniofacial nociceptive process on development of cortical spreading depression". This was inspiring as it provided the opportunity for me to discuss my research with experts in the field, to establish future collaborations and to make new friends from all over the world.</p>

During seven weeks at King's College

In basic research, I did some part of piezo immunofluorescence data analysis with image J software. In the headache clinic, I was given the opportunity to observe some patients including neuropathic pain and cluster headache patients. It was interesting to watch Dr. Andreou perform quantitative sensory testing in neuropathic patients and botox injections in headache patients. I also had the opportunity to see Dr. Giorgio Lambru (Consultant neurologist) treat a cluster headache patient using the occipital nerve block technique, which I found to be a very interesting experience and extremely useful knowledge to apply in my own research.

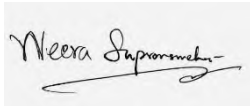
Attendance at iHead Academy at King's College

During the last three days of my stay, I attended the iHead academy workshop in London from the 21-23 October 2016. This programme included case presentations, Research paper presentations, team debates, and workshops. I am grateful for this experience, and this will absolutely help me to improve my knowledge.

How will the experience help you in the future?

I learn new techniques and ways of addressing specific research questions in the lab, which I will employ in my own research going forward and new research collaborators/friends I can work with in the future.

Please include 3-5 photos/images of your stay



Signature: _____ Date: _____17 November 2016_____

